

## Step 10 QUESTIONS

- Was I resentful?
- Was I dishonest?
- Did I promptly admit when I was wrong today?
- Do I owe an apology?
- Did I do or say something today out of fear?
- Have I kept something to myself which should be discussed with another person at once?
- Did I think today of what I could do for others?
- Was I kind and loving towards all?
- Did I reach out to someone in recovery today to see how they were doing?
- Did I take the time to connect with my higher power through prayer or meditation today?