Virtual Region of Overeaters Anonymous

https://oavirtualregion.org



...my recovery depends on OA unity...

We are fortunate to have so many virtual meetings. Of course, this technology does have some different challenges.

Learn -

- 1. how to Host and co-host ZOOM meetings
- 2. Transitioning from face-to-face meetings
- 3. Set -up and administrate ZOOM accounts

Sunday, APRIL 5 at 2:30 - 5pm EDT

INSTRUCTIONS

ZOOM login: https://zoom.us/j/557696207

One tap mobile: +17207072699 557696207#

US -or- +16465588656 557696207# US (NY)

PHONE: +1 720 707 2699 US -or- +1 646 558 8656 US (NY)

Phone Meeting ID: 557 696 207

Please attend BASIC Training before this one.

SERVICE NEEDED - from those experienced with Zoom