

**Overeaters Anonymous Central Midlands Intergroup
Schedule of Meetings
Last Revised 1/25/2025**

Sunday, #58244, 4:00 p.m. EST

Contact: Joyce, 207-828-2096, joyceannn@yahoo.com

Intergroup Rep: Joyce

Location: FAVOR Building

Street Address: 401 W. Whitner Street, Anderson, SC

7th Tradition/Treasurer: TBD

Topic: Literature/Topics Vary

Notes: **More participants encouraged to attend**

Type: In Person Only

Sunday, #800862, 5:30 p.m. EST

Contact: Winifred 803-743-3139

Intergroup Rep: **Tracey B**

7th Tradition/Treasurer: Venmo @Winifred-Kearse

Topic: Newcomer Step Study, Monthly Speaker Meeting

Notes: **Zoom Meeting ID: 864 9062 0914 Password: Meditation.** -Coins/Medallions

Type: Online Only

Monday #89500 7:15 a.m. EST

Contact: Andrea 803-960-6051, Tracy 803-995-9980,

Intergroup Rep: **TBD**

7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC

Topic: Literature Study-Leader's choice

Type: Online Only

Notes: **Zoom Meeting ID: 893 2208 8481 Password: 12Steps**

Tuesday #89979 7:15 a.m. EST

Contact: Jemme S. 803-960-7737

Intergroup Rep: **TBD**

7th Tradition/Treasurer: Tracy, Venmo: @OAWeekday-MeetingSC

Topic: Steps and Traditions Study-OA and AA 12&12

Type: Online Only

Notes: **Zoom Meeting ID: 825 6815 4154 Password: Anonymous**

Tuesday: #37975 5:30 pm EST

Contact: Wanda 803-466-8853 email to:wanda@professionalbooksellers.com

Intergroup Rep: **TBD**

Location: St. John's Episcopal Church

Street Address: 2827 Wheat Street, Columbia SC 29205

7th Tradition/Treasurer: **TBD**, Venmo: @OATuesday Literature-MeetingSC

Topic: Literature

Type: In Person Only

Wednesday #89344 7:15 a.m. EST

Contact: Andrea 803-960-6051

Intergroup Rep: **Jemme**

7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC

Topic: For Today writing and meditation

Type: Online Only

Notes: [Zoom Meeting ID: 863 1189 9244](#) [Password: Autonomous](#)

Thursday #800240 7:15 a.m. EST

Contact: Deb S (text only) 517-610-8257

Intergroup Rep: **Lisa**

7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC

Topic: Tools of Recovery

Type: Online Only

Notes: [Zoom Meeting ID: 863 8831 5439](#), [Password: Honesty](#)

Thursday #53975 5:00 p.m. EST

East Lake Community Church

10057 Broad River Road, Irmo, SC 29063

Contact: DJ 803-772-7999

Intergroup Rep: **Breanne**

7th Tradition/Treasurer: Cathy L cash/check

Topic: Voices of Recovery and Workbook

Type: In Person only

Friday #89345 7:15 a.m. EST

Contact: Andrea 803-960-6051, Elizabeth 216-905-6979,

Intergroup Rep: **Hilda**

7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC

Topic: AA Big Book

Type: Online Only

Notes: [Zoom Meeting ID: 836 8458 4312](#) [Password: Unity](#)

Friday #57334 7:30 a.m. EST

Forest Lake Presbyterian Church

6500 Trenholm Road, Columbia, SC 29206

Contact: Joel 803-467-7830

Intergroup Rep: **Eric**

7th Tradition/Treasurer: Chuck

Topic: AA Big Book; Varies

Type: In-person only

Saturday, #800842 8:15 a.m. EST

Contact: Andrea 803-960-6051

Intergroup Rep: **Barbie**

7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC

Topic: Recovery from Relapse

Type: Online only

Notes: [Zoom Meeting ID: 892 9279 4783](#) [Password: Willing](#)

Saturday #30235 10:00 a.m. EST

Crossroads Church

2723 Ashland Road, Columbia, SC 29210

Contact: Cathy L 803-479-7798

Intergroup Rep: **DJ**

7th Tradition/Treasurer: Anita

Topic: For Today reading and Workbook

Type: In-person

Notes: Coins/Medallions, Meeting room is the 2nd window to the left/look for the sign

CMI Meeting Schedules (Chart Format)

*All meetings are open to everyone even if you're a newcomer or not on that step yet.

*To support our Zoom accounts and honor our 7th Tradition, please consider making a donation of funds or perform service while attending the meetings.

Meeting Day and Time (times listed are EST) Meeting Number	Meeting Format	(P) physical (H) hybrid (Z) Zoom only	Physical Address OR Zoom Meeting ID and Password Website: https://zoom.us/join	Meeting Contact
Sunday, 4:00pm #58244	Literature/Topic Vary	P	FAVOR Building 401 W. Whitner St. Anderson, SC 29624	Joyce 207-828-2096 joyceannn@yahoo.com
Sunday, 5:30pm #800862	Newcomers Meeting/ Speakers Meeting	Z	ID: 864 9062 0914 Password: Meditation	Winifred 803-743-3139
Monday, 7:15 am #89500	Literature Study- Overeaters Anonymous Book	Z	ID: 893 2208 8481 Password: 12Steps	Andrea 803-960-6051 Tracy 803-995-9980
Tuesday, 7:15am #89979	AA and OA Steps and Traditions Study	Z	ID: 825 6815 4154 Password: Anonymous	Jemme S. 803-960-7737
Tuesday, 5:30pm #37975	Literature	P	St. John's Episcopal Church 2827 Wheat St. Columbia SC 29205	Wanda 803-466-8853
Wednesday, 7:15am #89344	Writing (For Today) and Meditation	Z	ID: 863 1189 9244 Password: Autonomous	Andrea 803-960-6051
Thursday, 7:15am #800240	Tools of Recovery	Z	ID: 863 8831 5439, Password: Honesty	Deb S. (text only) 517-610-8257
Thursday, 5:00pm #53975	Literature-Voices of Recovery	P	East Lake Community Church 10057 Broad River Road, Irmo, SC 29063	DJ 803-772-7999
Friday, 7:15am #89345	AA Big Book Study	Z	ID: 836 8458 4312 Password: Unity	Andrea 803-960-6051 Elizabeth 216-905-6979
Friday, 7:30am #57334	AA Big Book Study	P	Forest Lake Presbyterian Church 6500 Trenholm Road, Columbia, SC 29206	Joel 803-467-7830

Saturday, 8:15am #800842	Recovery from Relapse	Z	ID: 892 9279 4783 Password: Willing	Andrea 803-960-6051
Saturday, 10:00am #30235	Literature-For Today	P	Crossroads Church 2723 Ashland Road, Columbia, SC 29210	Cathy L 803-479-7798

List of meeting links to OA.org find-a-meeting

Monday 7:15am https://oa.org/find-a-meeting/?meeting_id=78001

Tuesday 7:15am https://oa.org/find-a-meeting/?meeting_id=78002

Tuesday 5:30pm https://oa.org/find-a-meeting/?meeting_id=80869

Wednesday 7:15am https://oa.org/find-a-meeting/?meeting_id=73764

Thursday 7:15am https://oa.org/find-a-meeting/?meeting_id=64592

Thursday 5:00pm https://oa.org/find-a-meeting/?meeting_id=72987

Friday 7:15am https://oa.org/find-a-meeting/?meeting_id=73766

Friday 7:30am https://oa.org/find-a-meeting/?meeting_id=77999

Saturday 8:15am https://oa.org/find-a-meeting/?meeting_id=73768

Saturday 10:00am https://oa.org/find-a-meeting/?meeting_id=72564

Sunday 4:00 pm https://oa.org/find-a-meeting/?meeting_id=85983

Sunday 5:30 pm https://oa.org/find-a-meeting/?meeting_id=77996