

**Overeaters Anonymous Central Midlands Intergroup  
Schedule of Meetings  
Last Revised 11/18/23**

**Sunday, #800862, 4:00 p.m. EST**

Contact: Winifred 803-743-3139

Intergroup Rep: Tracey B

7th Tradition/Treasurer: Venmo @Winifred-Kearse

Topic: Newcomer Step Study, Monthly Speaker Meeting

Notes: [Zoom Meeting ID: 864 9062 0914](#) [Password: Meditation](#). -Chips and Medallions

**Type: Online Only**

**Monday #89500 7:15 a.m. EST**

Contact: Andrea 803-960-6051, Tracy 803-995-9980, or Nicki 478-697-3596

Intergroup Rep: Alicia

7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC

Topic: 10th Step

**Type: Online Only**

Notes: [Zoom Meeting ID: 893 2208 8481](#) [Password: 12Steps](#)

**Tuesday #89979 7:15 a.m. EST**

Contact: Jemme S. 803-960-7737

Intergroup Rep: Hilda

7th Tradition/Treasurer: Tracy, Venmo: @OAWeekday-MeetingSC

Topic: Step Study

**Type: Online Only**

Notes: [Zoom Meeting ID: 825 6815 4154](#) [Password: Anonymous](#)

**Wednesday #89344 7:15 a.m. EST**

Contact: Andrea 803-960-6051 or Nicki 478-697-3596

Intergroup Rep: Elayne

7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC

Topic: For Today writing and meditation

**Type: Online Only**

Notes: [Zoom Meeting ID: 863 1189 9244](#) [Password: Autonomous](#)

**Thursday #800240 7:15 a.m. EST**

Contact: Deb S (text only) 517-610-8257

Intergroup Rep: Vacant

7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC

Topic: Tools of Recovery

**Type: Online Only**

Notes: [Zoom Meeting ID: 863 8831 5439](#), [Password: Honesty](#)

**Thursday #53975 5:00 p.m. EST**

East Lake Community Church  
10057 Broad River Road, Irmo, SC 29063  
Contact: DJ 803-772-7999  
Intergroup Rep: Breanne  
7th Tradition/Treasurer: Cathy L cash/check  
Topic: Voices of Recovery and Workbook  
**Type: In Person only**

**Friday #89345 7:15 a.m. EST**

Contact: Andrea 803-960-6051, Elizabeth 216-905-6979, or Nicki 478-697-3596  
Intergroup Rep: Vacant  
7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC  
Topic: AA Big Book  
**Type: Online Only**  
Notes: [Zoom Meeting ID: 836 8458 4312](#) **Password: Unity**

**Friday #57334 8:00 a.m. EST**

Forest Lake Presbyterian Church  
6500 Trenholm Road, Columbia, SC 29206  
Contact: Joel 803-467-7830  
Intergroup Rep: Eric  
7th Tradition/Treasurer: Chuck  
Topic: AA Big Book  
**Type: In-person only**

**Friday, #800860, 5:30 p.m. EST**

Contact: Andrea 803-960-6051  
Intergroup Rep: Vacant  
7th Tradition/Treasurer: N/A  
Topic: Literature- Abstinence  
**Type: Online Only**  
Notes: [Zoom Meeting ID: 822 6923 8189](#) **Password: Praying**

**Saturday, #800842 8:15 a.m. EST**

Contact: Andrea 803-960-6051  
Intergroup Rep: Jen  
7th Tradition/Treasurer: Tracy. Venmo: @OAWeekday-MeetingSC  
Topic: Recovery from Relapse  
**Type: Online only**  
Notes: [Zoom Meeting ID: 892 9279 4783](#) **Password: Willing**

**Saturday #30235 10:00 a.m. EST**

Crossroads Church  
2723 Ashland Road, Columbia, SC 29210  
Contact: Cathy L 803-479-7798  
Intergroup Rep: DJ  
7th Tradition/Treasurer: Anita  
Topic: For Today reading and Workbook  
**Type: In-person**  
Notes: Chips and medallions, Meeting room is the 2nd window to the left/look for the sign